# Help us develop an app to guide patient choice in antipsychotics

## What is the project?

Researchers at the University of Oxford are developing a smartphone app to support patient choice about antipsychotic medications and side effects.

The app will ask patients to choose the side effects they would not want to experience, and in response will show preferred antipsychotics, as well as ones to avoid.

The app will be designed for use during a consultation with a psychiatrist. It will aim to support better conversations about treatment choice and adherence to medication.

### How can you help?

We are looking for people with experience of taking antipsychotic medication to help inform the development of the app, by attending a focus group.

We want to make sure the app is easy to use, and understand who might be interested in the app and what sort of support would be helpful.

This opportunity will be of interest to people who want to improve patient participation in treatment choice, and explore how technology can improve mental health care.

#### What is involved?

We are inviting interested people to attend a focus group in Oxford.

During the group, we will invite participants to use the app and talk about their experiences. The focus group will last 75 minutes, date and time to be confirmed.

We will offer participants reimbursement of travel expenses and a payment of £25 for their time.



## How can I be involved in this project?

If you would like to be part of our focus group, or would like further information, please send an email to **leona.wolters@psych.ox.ac.uk**, or call us on 01865 613169, by Monday 25 June 2018.

In your email please tell us why you would like to be involved in the project and give an indication of your experience of antipsychotics. We will reply to everyone who gets in touch by 30 June with further details.