

Involving Young People in Mental Health Research

Our yearly update to May 2022

NIHR | Oxford Health Biomedical Research Centre



NEUROSEC
Neuroscience, Ethics & Society

Advisory Consultation Co-production

We've sustained involvement with young co-researchers (YCoR) through a range of projects and activities:

>25 on-line sessions & consultations	up to 16 YCoR
1 in-person session: Oct '21	6 YCoR
1 in-person closed seminar session; BeGOOD/YPAG, Nov '21 (25 people)	6 YCoR
1 in-person Storytelling training session at Oxford Arts of Old Firestation, Mar '22	4 YCoR
1 on-line podcast training session: led by YPAG member, Apr '22	5 YCoR
1 work experience week, July '21	10 YCoR
Plenty of What's App & off-line working	16 YCoR
Lots of dissemination activities	16 YCoR

by Vanessa Bennett & NeurOX YPAG

The **NeurOX Young People's Advisory Group (YPAG)** are young co-researchers currently aged 16-19 years involved in mental health and ethics research. YPAG members have been working together here for 2.5 to 6 years.

Research areas

- Emotional abuse and neglect
- Anxiety and depression
- Eating disorders
- Flourishing
- Preventative mental health and wellbeing strategies
- Diversity & inclusion
- Involvement research & co-production

Three impact areas (download report: <https://bit.ly/NeurOXYPAG>)

- 1 Promoting, supporting and developing ethical frameworks for YPs involvement
- 2 Direct impacts for young co-researchers and researchers
- 3 Indirect impacts (knowledge production) benefiting research and other YP

Key projects (download report: <https://bit.ly/NeurOXYPAG>)

1. Inclusive Young People's (YP) PPIEP strategy for NIHR Oxford Health Biomedical Research Centre renewal
2. Defining 'meaningful involvement' & impact
3. Co-produced animation on meaningful involvement
4. Evaluating YPs involvement in the BeGOOD research programme/NeurOX YPAG (Wellcome grant)
5. Co-producing dissemination outputs from Childline/NSPCC study (initial research: UKRI Emerging Minds UK grant)
6. Collaborative research grant development to follow on from Childline/NSPCC study (UKRI/MRC)
7. Work experience research and YPAG training
8. Implementing PPIEP strategy: preparing for peer-peer engagement and involvement of YP in communities
9. Internal Department guest researcher YPAG sessions and PPI consultations (x4)
10. External institution YP consultation workshop (2nd session)
11. Consultations for other institutions setting up new YPAGs
12. Strategic engagement: YP's perspectives on Oxfordshire County Council mental health and wellbeing strategies
13. Involvement in the British Sociological Association Youth Ethics Working Group

Experience of different outputs...

- Co-produced animation
- Storytelling impact report
- Presentation for Third Sector Funders
- NSPCC Press briefing, press release
- Co-produced NSPCC Learning Briefing
- TV interview and radio coverage
- Multidisciplinary, cross-sector collaborative grant application
- Researcher blogs on their involvement interaction with the NeurOX YPAG
- Collaborative research publications co-authored with YP

