

Practice Placement Learning Profile



Practice Placement: Clinical Research Facility, Warneford Hospital, Oxford

'Caring, Safe, Excellent'

Welcome to the National Institute of Health Research (NIHR) Oxford cognitive health Clinical Research Facility

We are part of Oxford Health NHS Foundation Trust (OHNHSFT), a community focused organisation that provides physical health, mental health, learning disability health and social care, with the aim of improving the health and well-being of all our patients and their families.

The NIHR Oxford cognitive health Clinical Research Facility (CRF), based at the Warneford Hospital in Oxford, is the only NIHR supported CRF dedicated to mental health and is hosted by Oxford Health NHS Foundation Trust. The NIHR aims to improve the health and wealth of the nation through research evidence Six “Topic” Research Networks (covering Cancer, Dementia and Neurodegenerative Diseases, Diabetes, Medicines for Children, Mental Health and Stroke), a Primary Care Research Network to support research in this part of the health service. a Comprehensive Clinical Research Network, which covers all other disease areas.

In partnership with the University of Oxford, we deliver high quality, patient-orientated non-commercial and commercial early phase experimental clinical research that has the potential to discover new ways of understanding and treating cognitive health challenges.

The NIHR Oxford cognitive health CRF is dedicated to mental health research with a current focus on, but not limited to, dementia, depression, bipolar disorder, and schizophrenia.

The Oxford cognitive health Clinical Research Facility is delighted to welcome medical and nursing students for full study placements, or to come and spend a day or two with us shadowing our work and discussing our role. This gives students a unique opportunity to gain an insight into clinical research and learn about how evidence-based knowledge is generated. We hope that, by spending time with research staff, students will go on to promote clinical research in their practice and even become actively involved in projects once qualified.

You will have the opportunity to participate in the assessment, planning, implementation and evaluation of care, for participants who attend the facility with a range of mental health condition including: -

- Depression
- Treatment resistant depression
- Bipolar disorder
- Cognitive Impairment
- Dementia
- Alzheimer's
- Mood disorders
- Psychosis
- Sleep and circadian rhythm disruption
- Multimorbidity
- Depression in Children and Young People

Location

We are located: Clinical Research Facility, Warneford Hospital, Headington, Oxford. OX3 7JX

Main Office Number: 01865 902135

Team e-mail:

Parking: You can use the pay and display car park (put in cost etc) or apply for a parking permit as 'external staff'

Car Parking Permit Application (if required for this placement)

- ❖ If you require a temporary parking permit to use at The Warneford Hospital during your placement – please use the attached form to complete and display in your car. Thank you.

Welcome to the team

CRF Team Leader – Amanda Colston amanda.colston@oxfordhealth.nhs.uk

Student link nurse – Emma Innes einness@brookes.ac.uk

The team consists of:

- ❖ CRF Deputy Director/Clinical Lead
- ❖ Head of Research Delivery/Lead Research Nurse
- ❖ Research Delivery Manager
- ❖ CRF Manager
- ❖ CRF Team Leader
- ❖ Honourary Consultant Psychiatrist
- ❖ Speciality Doctor
- ❖ Administrator
- ❖ Research Nurses
- ❖ Research Facilitators
- ❖ Research Assistants
- ❖ Nurse cadets
- ❖ Nursing assistants

Team Philosophy:

Supporting the delivery of early translational and experimental medicine research in cognitive and mental health

- To have an emphasis on workforce training needs and the development of skills to support a range of clinical skills and facilitate IV infusions, lumbar punctures, phlebotomy, ECG's, take and process biological samples, and undertake skin biopsies enabling high intensity mental health research to be carried out
- Offer streamlined, efficient and innovative research in mental health

- To work in partnership with charities to embed meaningful and effective involvement of views of people with lived experience
- To encourage a culture of collaboration and facilitating the sharing of work practices as many studies on CRF are co-delivered alongside university staff enabling the sharing of work practices
- Strong commitment to equality, diversity and inclusion
- Is exemplary in its work with a proven track record leading high quality delivery and innovative practice

Underpinning principles

- Research delivery is in line with Good Clinical Practice and compliant with local and national policy and regulatory standards, quality management is embedded within working practice at OH-CRF, under the supervision of Quality Assurance Manager in the Research and Development department.

Shift Pattern / meal breaks –

Monday to Friday from 9 to 5pm as a whole but there is some flexibility depending on studies running.

You will have ½ hour for lunch during a shift, and a discretionary tea break. There is a café in the main hospital which is open 8am until 3pm during the week.

Dress code

We like students to wear their own student uniform so they can be easily identified. Usual trust dress policy applies. Scrubs are available on the unit if needed.

Our expectation of students on placement

A practice placement provides an opportunity for new learning experiences, building on knowledge, and developing and enhancing clinical skills. In providing you with placement information, setting out our expectations, identifying

learning opportunities and introducing you to the team and practice context, we hope that this will help you to settle in to your placement more easily, and encourage you to take responsibility for your learning.

Before you start the placement, we would expect you to: -

- contact the practice placement team two weeks before, to arrange a visit (if appropriate), discuss your off-duty shifts and how you will travel there
- consider the context and potential learning opportunities of the placement
- identify the learning outcomes/skills/competence to be achieved during the placement
- remind /re-familiarise yourself of the Practice Assessment Document

During your placement, we expect you to: -

- be punctual for your shift, informing the practice team as soon as possible if you are sick
- wear your uniform/ID badge/appropriate dress adhering to the Trust uniform policy
- treat all people as individuals, with respect and dignity, and maintain confidentiality
- underpin all that you do with the 6 Cs (DOH 2012):
 - Care
 - Compassion
 - Competence
 - Communication
 - Courage
 - Commitment
- demonstrate an enthusiasm and motivation for learning, and ask questions
- work with and learn alongside the multi-disciplinary team and other learners – to promote the health and wellbeing of those in your care
- recognise your level of competence, working within your limitations as a student/learner
- know when to seek help or to raise concern - and who to escalate to e.g.
 - Supervisor / Assessor / student education link
 - Ward/Unit/Team Manager
 - Link Lecturer / Academic Assessor
 - Clinical Practice Educator (CPE) /Work Based Tutor
 - Learning Environment Lead (LEL)

- Access available resources to support your learning:
 - Trust Intranet Policies and Procedures
 - BNF latest edition (via the Intranet)
 - Online Royal Marsden Manual of Clinical Nursing Procedures (via the Intranet)
 - Access Library facilities at Warneford, Littlemore and Whiteleaf
 - Reflective practice sessions facilitated by CPEs – open to all students -

Clinical Research Facility Learning Opportunities: -

We have provided examples of learning opportunities – as a ‘hub and spoke’ model. The ‘hub’ is the practice area to which you are allocated and where most of your learning will take place. The ‘spoke’ learning opportunities are those services or health and social care professionals also involved in a person’s care. For example: the clinical team involved with caring for a patient with treatment resistant depression. Or a patient living in the community with dementia. We encourage you to take the opportunity to learn from unexpected situations/experiences, whilst ensuring you are supervised, safe, and working within your competency limitations.



An example of learning opportunities related to patient assessment, planning, implementing or evaluating care

Participating in a research visit on the unit

- Gaining consent from the participant
- Participate in a study visit to include gathering of vital signs
- Contribute to the recording of information and accurate data collection
- Observe a variety of psychiatric measurement tools used
- Enhancing observational skills e.g. observing non-verbal communication/responses
- Observing the person's speech, behaviour, and interpreting responses to indicate level of cognition and insight
- Participating in multi-disciplinary feedback
- Listening to the person and ensuring inclusion in decision making
- Maintaining a person's privacy and dignity
- Ensuring confidentiality is maintained
- Acting as a professional relating to the professional code e.g. HPC and NMC Code
- Identifying the priority of a person's needs e.g. referral process
- Reflecting on the situation
- Acting as a person's advocate
- Explore what motivates participants to take part in research

Specific Spoke Areas: -

We strongly suggest arranging to spend some time with The Memory and Cognition Research Team, the Mental Health Research Team, the Patient Participation Lead and the Ketamine Clinic in order to gain a broad experience of Clinical Research. They are very welcoming to students. Their contact details are below.

Department	Contact details
Memory and Cognition Research team	Annette.haddonsilver@oxfordhealth.nhs.uk
Mental Health Research Team	Sarah.mather@oxfordhealth.nhs.uk
Patient Participation Lead (research Practitioner)	deborah.moll@oxfordhealth.nhs.uk
Ketamine Clinic, Warneford Hospital	Sara.Costi@oxfordhealth.nhs.uk



Oxford Health
NHS Foundation Trust

Other spoke areas:-	
City Community Hospital, Churchill Hospital	jyoti.pandey@oxfordhealth.nhs.uk kirsty.macdonald@oxfordhealth.nhs.uk
Farmability (need a car to visit)	olek@farmability.org.uk
Headington Day Centre (Learning disability)	Bianca.moss@oxfordshire.gov.uk Toby.Gray@oxfordshire.gov.uk
Brain Health Clinic, Warneford Hospital	robyn.harris@oxfordhealth.nhs.uk Karen.Lindsay@oxfordhealth.nhs.uk
Physical Health and serious mental health (Warneford Hosp)	
Community REsearch Delivery Team	Naomi.merrit@oxfordhealth.nhs.uk

'Caring, Safe, Excellent'

Support available whilst you are on placement –

In addition to your Supervisor/Assessor/Mentor/Coach/Sign-off mentor/team and Ward Manager the following people can be contacted should you require further support:

- **Link Lecturer** – each placement has a named Link Lecturer from your University – your mentor will advise you as to who that person is for that practice placement
- **Practice Educators:** within each practice team there will be a nurse/health professional who has responsibility for student placements e.g. clinical development lead/clinical development nurse/locality team leader. Your Mentor/Supervisor will advise you who this person is.
- **Learning Environment Leads** – monitor the quality of the learning experience within the placement area – should you wish to raise concern with them please contact: Sally Burns sally.burns@oxfordhealth.nhs.uk , Rita Bundhoo-Swift Rita.Swift@oxfordhealth.nhs.uk , Jo Goodchild Joanna.Goodchild@oxfordhealth@nhs.uk
- **Clinical Practice Educators (CPEs)** – may provide additional support in clinical skills training sessions for students or qualified nurses which may be appropriate for you to attend.

Reflective Practice sessions (multi-professional) – for all learners/students:

To support you in practice and to provide an opportunity for you to reflect on your learning experiences with peers, the Clinical Practice Educators (CPEs) facilitate reflective practice sessions across the Trust. You are welcome and encouraged to attend any of these sessions.

The dates/venues are available from your education link for the placement or the CPE's. For further information please contact: clinicalpracticeeducators@oxfordhealth.nhs.uk

Links and Useful Resources for the practice placement -

- NIHR Oxford Cognitive Health Clinical Research Facility. Who we are:
<https://oxfordhealthbrc.nihr.ac.uk/clinical-research-facility/>
- UK Clinical Research Facility Network (UKCRF Network)
<https://www.ukcrfnetwork.co.uk/about-us/>
- Research and Development. Oxford health. What we do:
<https://www.oxfordhealth.nhs.uk/research/>
- Oxford Brain Health Clinic. About us:
<https://oxfordhealthbrc.nihr.ac.uk/our-work/brain-health-centre/>
- Oxford Academic Health Science network
<https://www.oxfordahsn.org/>

Articles of interest

<https://www.gov.uk/government/publications/the-future-of-uk-clinical-research-delivery-2022-to-2025-implementation-plan/the-future-of-clinical-research-delivery-2022-to-2025-implementation-plan>

<https://www.nihr.ac.uk/documents/the-role-of-the-clinical-research-nurse/11505>

<https://www.nursingtimes.net/roles/nurse-educators/the-role-of-the-research-nurse-26-04-2011/>

<https://rcni.com/nursing-standard/features/clinical-trials-what-does-a-research-nurse-do-166901>

Futurelearn:

Futurelearn, free online courses that may be available for students

<https://www.futurelearn.com/courses/what-is-health-research>

<https://www.futurelearn.com/courses/clinical-research>

<https://www.futurelearn.com/courses/randomised-controlled-trials>

<https://www.futurelearn.com/courses/understanding-dementia-prevention>

<https://www.futurelearn.com/experttracks/intro-to-psychology>

<https://www.futurelearn.com/courses/critical-appraisal-techniques-healthcare-literature>

<https://www.futurelearn.com/courses/overview-and-formulation-of-biotechnology-products>

<https://www.futurelearn.com/courses/digital-clinical-trials>

<https://www.futurelearn.com/courses/translational-research>

Other:-

[Bitesize Introduction to Patient Public Involvement - Bitesize Introduction to Patient Public Involvement \(ed.ac.uk\)](#)

There are 2 main videos, both around 40-45 mins. Because the CRF don't tend to set up studies from scratch, some of it isn't so relevant to this specific setting, but the principles are the same, and it's a handy overview of the whole PPI process.

Placement Evaluation:

We welcome evaluation of your practice learning experience. Please identify what the strengths of this placement are and please make constructive suggestions as to where enhancements can be made. Please take time to complete the evaluation below- and return this to your Mentor / Practice Supervisor or Team Manager. Thank you.

Standard 1 - Learning Culture (Part 1 NMC 2018):

How were you introduced to the practice team and orientated into the practice area?

What opportunities are there for inter-professional learning?

What opportunities are there for improving the evidence base of patient care and participating in research?

Standard 2 – Educational governance and quality (Part 1 NMC 2018)

To what extent did the learning opportunities and practice-based experiences assist you in achieving your outcomes/proficiencies?

Please explain what you would do to raise concern about patient care or a complaint you've received.

Standard 3 – Student empowerment (Part 1 NMC 2018):

How were you encouraged to take responsibility for your own learning?

How were you supported to recognise and realise your ability?

What helped you to take more responsibility for your own mental and physical health wellbeing?

To what extent did your Practice Supervisor/s meet your individual learning needs to achieve proficiency and build your confidence?

To what extent did you access your nominated Practice Assessor?

Reference: Nursing and Midwifery Council (2018) Realising professionalism: Standards for education and training. Part 1 Standards framework for nursing and midwifery education. Online available from www.nmc.org.uk

How did feedback you received help you to reflect on your learning?

‘Caring, Safe, Excellent’

**Safeguarding Vulnerable Adults
Maintaining Professional Boundaries**

It is essential for vulnerable adults to feel protected and safe whilst in the Trusts care. Vulnerable adults need to be able to trust that whilst in our care the relationships that they form with employees are supportive and enabling.

Employees must ensure that professional boundaries are maintained at all times. The relationships that you form with the vulnerable adults, families and carers must remain professional at all times. Any information that they disclose to you should be shared with members of the clinical team.

When working with vulnerable adults, employees must take account of gender issues with regard to privacy and dignity.

Employees must not disclose their personal details to the vulnerable adult or their families/carers, nor should they arrange to meet them socially outside of work.

Employees must not take the personal details of vulnerable adults to facilitate contact outside of work.

The personal views of employees, including political and religious beliefs, should not be shared with the vulnerable adult or their families/carers.

The Trust expects every employee to act in a responsible manner to protect the vulnerable adults in our care.

Employees must not form personal relationships with the vulnerable adults or their families/carers, either in or outside of work. This includes no sexual contact or approach of any kind.

Any breach of the above will be viewed very seriously and disciplinary action will be taken against the employee. If an employee is found to have taken advantage of a vulnerable adult in any way legal action may be taken.

Employees are responsible for raising any concerns that they may have about other employees breaching these guidelines to their Line Manager and Human Resources.

I have read the Maintaining Professional Boundaries guidelines and understand the implications for my post within Oxford Health NHS Foundation Trust

Employees name:

Job Title:

Signature: Date:

Managers name:

Signature: Date:

Please retain one copy of this form for your information and send the original to Human Resources, Trust Headquarters, Oxford Business Park South.

Safeguarding Children Maintaining Professional Boundaries

It is essential for children and young people to feel protected and safe whilst in the Trusts care. Children and young people need to be able to trust that whilst in our care the relationships that they form with employees are supportive and enabling.

Employees must ensure that professional boundaries are maintained at all times. The relationships that you form with the children and young people, families and carers must remain professional at all times. Any information that they disclose to you should be shared with members of the clinical team. When working with children and young people, employees must take account of gender issues with regard to privacy and dignity.

Employees must not disclose their personal details to the children and young people or their families/carers, nor should they arrange to meet them socially outside of work.

Employees must not take the personal details of children and young people to facilitate contact outside of work.

The personal views of employees, including political and religious beliefs, should not be shared with the children and young people or their families/carers.

The Trust expects every employee to act in a responsible manner to protect the children and young people in our care.

Employees must not form personal relationships with the children and young people or their families/carers, either in or outside of work. This includes no sexual contact or approach of any kind. Any breach of the above will be viewed very seriously and disciplinary action will be taken against the employee. If an employee is found to have taken advantage of a child or young person in any way legal action may be taken.

Employees are responsible for raising any concerns that they may have about other employees breaching these guidelines to their Line Manager and Human Resources.

I have read the Maintaining Professional Boundaries guidelines and understand the implications for my post within the Children & Families Division.

Employees name:

Job Title:

Signature: Date:

Managers name:

Signature: Date:

Please retain one copy of this form for your information and send the original to Human Resources, Trust Headquarters, Oxford Business Park South.